

**Jennifer O'Brien MS, CNP**

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**Professional Summary**

- Fifteen years as a Healthcare Provider in Internal Medicine/Occupational Health
- Ohio Association of Advanced Practice Nurses: Co-Chair of Governance Committee
- Integral in Development and Implementation of Corporate Wellness Program
- Manager of critical Health Services organizations for Research and Development Company
- Completed The Ohio State University Executive Education Management Certificate program
- Affiliate Graduate Professor
- Research Advisor to graduate students
- Established and directed a Laser/Aesthetics practice
- Sales and Marketing experience to customers and businesses
- Proficient Presenter on current health topics and disease processes
- Extensive published medical research
- Received research grant funding in Cardiovascular Disease & Stroke from the American Heart Association

**Professional Experience**

<b>Dates</b>	<b>Institution and Location</b>	<b>Position</b>
2/16-Present	O'Brien Medicine Internal Medicine Comprehensive Wellness and Prevention <ul style="list-style-type: none"> <li>▪ Medical Management of internal medicine patients</li> <li>▪ Provide physical exams to new bariatric candidates</li> <li>▪ Medical Weight Loss Management</li> <li>▪ Preceptor of Nurse Practitioner Student Rotations</li> </ul>	Owner/Nurse Practitioner
9/14-2/16	The Ohio State University Center for Wellness and Prevention Comprehensive Weight Loss Management <ul style="list-style-type: none"> <li>▪ Provide physical exams to new bariatric candidates</li> <li>▪ Director of HMR program (meal replacement)</li> <li>▪ Successfully petitioned Ohio Board of Nursing Committee on Prescriptive Governance to get new class of medications approved enabling all NPs in state to prescribe this class</li> </ul>	Nurse Practitioner



	SKINnovations Fishers, IN	Director of Aesthetic Practice
	<ul style="list-style-type: none"> <li>▪ Directed the selection of laser, services and skin care products</li> <li>▪ Managed budgeting expenditures</li> <li>▪ Marketed for maximum exposure in new market</li> <li>▪ Consultant for laser procedures</li> <li>▪ Safety coordinator for Cutera Laser</li> <li>▪ Provided laser treatments: laser hair removal, Laser Genesis, Vein therapy, LimeLight IPL, Titan</li> <li>▪ Trained injector of Botox, Radiesse and Juvaderm</li> </ul>	
1/03-9/05	Mid-Ohio Internal Medicine Worthington, OH	Adult Nurse Practitioner
	<ul style="list-style-type: none"> <li>▪ Primary Medical Care</li> <li>▪ Preceptor of Nurse Practitioner Student Rotations</li> <li>▪ Managed staff and directed day to day operations</li> <li>▪ HIPAA regulation coordinator</li> </ul>	
9/04-9/05	Columbus State Community College Columbus, OH	Adjunct Faculty Member
	<ul style="list-style-type: none"> <li>▪ Instructor for On-line nursing program</li> <li>▪ Instructor for Non-traditional student courses</li> </ul>	
1/01-12/02	Med-Ohio Family Care Center Columbus, OH	Adult Nurse Practitioner
	<ul style="list-style-type: none"> <li>▪ Urgent and Primary Medical Care</li> <li>▪ Facilitator and Preceptor of Medical and Nurse Practitioner Student Rotations</li> <li>▪ Member of Forms Committee</li> <li>▪ Member of Quality and Analysis Committee</li> <li>▪ Member of Electronic Medical Record Committee</li> </ul>	
9/99-6/00	The Ohio State University College of Nursing Graduate Recruitment Columbus, OH	Graduate Administrative Assistant
	<ul style="list-style-type: none"> <li>▪ Recruited nurses and bachelor degree students to the Masters Program</li> <li>▪ Presented at conventions and career fairs across Ohio</li> </ul>	
5/97-9/99	The Ohio State University College of Nursing, Department of Adult Health and Illness; Columbus, OH	Graduate Research Assistant Registered Nurse
	<ul style="list-style-type: none"> <li>▪ Statistically analyzed research data comparing</li> </ul>	

- anxiety in myocardial infarction patients
- biofeedback relaxation on heart failure patients
- Managed multi-center research study

## **Education**

The Ohio State University	Executive Education Management Certificate program	
The Ohio State University	Master of Science in Nursing	Magna Cum Laude
The Ohio State University	Bachelor of Science in Nursing	Cum Laude

## **Certification**

ANCC certified

ACLS and BLS certified

International Trauma Life Support Cleveland, Ohio	March 2013
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American Heart Association CPR Instructor	July 2011
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Biological Surety Medical Support Course San Antonio, TX	September 2010
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Toxic Chemical Training Course Aberdeen, MD	October 2010
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Medical Management of Chemical and Biological Casualties Edgewood, Fort Detrick, MD	October 2010
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Toxic Chemical Training Course Aberdeen, MD	March 2012
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## **SPEAKING PRESENTATIONS**

**O'Brien, J.L.** & Blackstone, A. (2015 October). "Weighing in on health: Benefits and strategies to maintaining a healthy weight." (speaking presentation). The Ohio State University, Columbus, OH.

**O'Brien, J.L.** (2015 August). "Annual Bariatric Conference- Medication and Health goals." (speaking presentation). The Ohio State University, Columbus, OH.

**O'Brien, J.L.** and Carlin, G. (2013 March). "AED awareness." (speaking presentations for the Executive Board Committee Members). Battelle Memorial Institute, Columbus, OH.

**O'Brien, J.L.** and Nguyen, R. (2012, February). "Hypertension." (speaking presentation). Battelle Memorial Institute, Columbus, OH.

**O'Brien, J.L.** and Lewis, R.D. (2011, February). "Love Your Heart." (speaking presentation). Battelle Memorial Institute, Columbus, OH.

**O'Brien, J.L.** (2008, July). "Summer Skin Care and Newest Treatments." (speaking presentation). PrimeLife Enrichment, Carmel, IN.

**O'Brien, J.L.** (2007, November). "Diabetes." (speaking presentation). Indiana Wesleyan University, Indianapolis, IN.

**O'Brien, J.L.** (2006, April). "St. Vincent Business Plan for Aesthetic Practice." (speaking presentation). St. Vincent, Fishers, IN.

**O'Brien, J.L.** (2003, April). "Diabetes." (speaking presentation). Bank One, Columbus, OH.

**O'Brien, J.L.** (2003, July). "Diabetes and Knowing Your Numbers." (speaking presentation). Mid-Ohio Internal Medicine, Worthington, Ohio.

**O'Brien, J.L.** (2003, October). "Women's Health." (speaking presentation). Bank One, Columbus, OH.

## **PUBLICATIONS**

Moser, D.K., Kim, A., & **Baisden-O'Brien, J.** (1999). Impact of a nonpharmacologic cognitive intervention on clinical and psychosocial outcomes in patients with advanced heart failure. *Circulation*, 100, 1-99.

**O'Brien, J.L.**, Moser, D.K., Riegel, B., Frazier, S.K., & Garvin, B.J. (2001). Comparison of anxiety assessment between patients and their clinicians in acute

myocardial infarction patients hospitalized in the cardiac critical care unit. *American Journal of Critical Care*, 10, 97-103.

Frazier, S.K., Moser, D.K., **O'Brien, J.L.**, Garvin, B.J., An, K., & Macko, M. (2002). Management of anxiety after acute myocardial infarction. *Heart & Lung*, 31(6), 411-420.

Frazier, S.K., Moser, D.K., **O'Brien, J.L.**, Garvin, B.J., & An, K. (2003). Management of anxiety after acute myocardial infarction. *Heart & Lung*, 32(5), 350-351.

## **ABSTRACTS**

**Baisden-O'Brien, J. L.**, Moser, D. K., Kim, K. A., & Garvin, B. J. (1999). Assessing Anxiety in Acute Myocardial Infarction Patients. [In press]

**O'Brien, J. L.**, Moser, D. K., Frazier, S. K., Garvin, B. J., & Kim, K. A. (2000). Comparison of Anxiety Assessment between Patients and their Health Care Providers in Acute Myocardial Infarction Patients Hospitalized in the Cardiac Critical Care Unit. [In press]

**O'Brien, J. L.**, Moser, D. L., Kim, K. A., Frazier, S. K., Garvin, B. J., Riegel, B. (2000). Acute Myocardial Infarction Patient Anxiety: Patient and Healthcare Provider Assessment. *American Journal of Critical Care*, 9, 221.

## **POSTER PRESENTATIONS/ARTICLES**

**O'Brien, J.L.** (2013, January). "Know Your Numbers." (InShape article regarding Biometric Screening). Battelle Memorial Institute, Columbus, OH.

**O'Brien, J.L.** (2012, July). "Summer Skin Care and SPF Factors." (InShape article). Battelle Memorial Institute, Columbus, OH.

**O'Brien, J.L.** (2012, March). "Cardiovascular Disease." (InShape article). Battelle Memorial Institute, Columbus, OH.

**Baisden-O'Brien, J. L.** (1999, April). "Assessing Anxiety in Acute Myocardial Infarction Patients." (poster session). Midwest Nursing Research Society, 23<sup>rd</sup> Annual Research Conference, Indianapolis, IN.

**O'Brien, J. L.** (2000 April), "Comparison of Anxiety Assessment between Patients and their Health Care Providers in Acute Myocardial Infarction Patients

Hospitalized in the Cardiac Critical Care Unit.” (poster session). Midwest Nursing Research Society, 24<sup>th</sup> Annual Research Conference, Dearborn, MI.

**O’Brien, J. L.** (2000 May), “Comparison of Anxiety Assessment between Patients and their Health Care Providers in Acute Myocardial Infarction Patients Hospitalized in the Cardiac Critical Care Unit.” (poster session). AACN National Teaching Institute and Critical Care Exposition, Orlando, Fl.

## **VOLUNTEER AND UNIVERSITY SERVICE**

Nurse Practitioner at Vineyard Free Clinic Columbus, Ohio	2012-2015
PTA treasurer for Huy Elementary	2012-2013
The Ohio State University:	
Council of Graduate Students	1998-1999
Graduate Research Forum	1998-1999

## **Awards and Honors**

- Received scholarship in Cardiovascular Disease & Stroke from the American Heart Association
- Selected to present research abstract at American Association of Critical Care Nurses Critical Care Exposition
- Selected to present research abstract at Midwest Nursing Research Society (2 years)
- Member of Sigma Theta Tau International Honor Society of Nursing
- Member of Ohio Association of Advanced Practice Nurses
- Member of American Academy of Nurse Practitioners
- Selected as Orientation Leader for Ohio State University
- Member of Phi Eta Sigma National Academic Honor Society
- Member of Alpha Lambda Delta National Academic Honor Society
- Received Cora Decker Scholarship

## **Skills**

- Budgeting for St. Vincent and SKINnovations Practice
- Management of Office Staff across different sites
- Management of Patient Problems and Complaints
- Management of Conflict Resolution
- Proficient in computers: PowerPoint, Access, Word, Excel, Project

- Proficient in Electronic Medical Records: EPIC, All Scripts, Touch Works, OHM
- St.Vincent Network Super User for Electronic Medical Records
- American Heart Association CPR/AED instructor
- Quality and Analysis board at Ohio State
- Forms committee member at Ohio State